

PCS TRAVEL PROTOCOLS

FAMILIES ENROLLED FOR IN-PERSON INSTRUCTION

- PCS families are strongly encouraged to avoid non-essential travel if possible. Prior to any
 planned travel, parents should check the <u>CDC COVID-19 Travel page</u> and <u>CDC FAQ for Travelers</u>
 and abide by any government travel restrictions and recommendations. See also the <u>CDC page</u>
 outlining entry restrictions for foreign nationals following travel, as additional travel restrictions
 may apply to non-US citizens and residents. Federal, state and local governments may require
 all people who have recently traveled to stay home for 14 days. These quarantine periods may
 impact the student's timely return to school.
- Most travelers can go back to work or to school but should take normal precautions. Some travelers may have higher risk of exposure and should stay home for 14 days. <u>Refer to the CDC</u> <u>After-Travel page</u> to learn what precautions you should take.
- Traveling to a <u>Level 3 country</u> is considered a High Risk Activity by the CDC. If you travel to a Level 3 country, you should stay home and away from the school community for 14 days following your return. This includes keeping your child(ren) at home. A negative test result cannot be used to shorten this 14-day quarantine period.
- Similar precautions as outlined by the CDC must be taken if travelling to a US state with high case rate. See CDC guidance on Travel during the COVID-19 Pandemic.
- Foreign nationals who have been in any of the currently defined list of countries during the last 14 days including Iran, China, Europe, United Kingdom, Republic Island and Brazil may not enter the United States by presidential proclamation. Please refer to the relevant proclamation through the link below for full details and exceptions: https://www.cdc.gov/coronavirus/2019-ncov/travelers/from-other-countries.html
- During this 14-day period, take these steps to monitor your health and your child's health and practice social distancing:
- o Take your temperature with a thermometer two times a day and monitor for fever.
- Watch for <u>cough or trouble breathing</u>. Use this <u>temperature log</u> to monitor your temperature.
- Stay home and avoid contact with others. Do not go to work or school.
- Do not take public transportation, taxis, or ride-shares.
- Keep your distance from others (about 6 feet or 2 meters).
- If you are sick, stay home and take other precautions.
- Avoid contact with others until it is safe for you to end home isolation.